

# Every Food Has a Story

Summer Library Reading Program

## Bonus Lessons

- **Maddi's Fridge**

by Lois Brandt





Book: **Maddi's Fridge**

ISBN-10: 1936261294

ISBN-13: 978-1936261291

Author: Lois Brandt

Best friends Sofia and Maddi live in the same neighborhood, go to the same school, and play in the same park, but while Sofia's fridge at home is full of nutritious food, the fridge at Maddi's house is empty. Sofia learns that Maddi's family doesn't have enough money to fill their fridge and promises Maddi she'll keep this discovery a secret. But because Sofia wants to help her friend, she's faced with a difficult decision: to keep her promise or tell her parents about Maddi's empty fridge. Filled with colorful artwork, this storybook addresses issues of poverty with honesty and sensitivity while instilling important lessons in friendship, empathy, trust, and helping others. A call to action section, with six effective ways for children to help fight hunger and information on anti-hunger groups, is also included. (*Amazon.com description*)

**Game Assembly: Maddi's Fridge**1. Make Maddi's Fridge Folder

- Print Maddi's Fridge Folder (page 25) on card stock.
- There are 2 sides to Maddi's Fridge Folder. Print the front and then flip the sheet to print the back of the Folder. Card stock may need to be manually loaded into the printer.
- Fold Maddi's Fridge Folder in half with the refrigerator graphic on the outside and dotted lines on the inside.

2. Make the Pockets

- Print the Food Group and Ways I Can Help Pockets (page 27). Cut them apart and fold each Pocket on its dotted line.
- Open up Maddi's Fridge Folder to the inside and lay flat.
- Apply glue to the flap you made on the Pockets. Glue the Food Group Pockets along the dotted lines on the right inside the Folder. Make sure the outer edges are even with each other. Staple the outer edges of each Pocket.

3. Make the Ways I Can Help Pockets

- Cut the apart and fold each Pocket on its dotted line.
- Open up Maddi's Fridge Folder to the inside and lay flat.
- Apply glue to the flap you made on the Ways I Can Help Pockets. Glue the Pockets along the dotted lines inside the Folder. Make sure the outer edges are even with each other. Staple the outer edges of each Pocket.

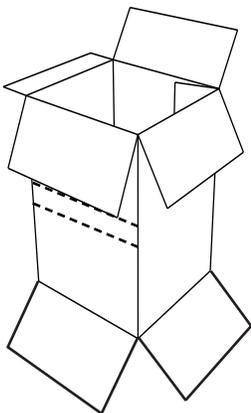
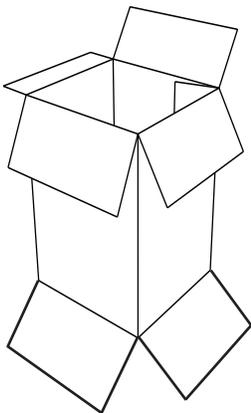
**Game Assembly: Climbing Wall / Flip Chute**

Flip Chute assembly video:

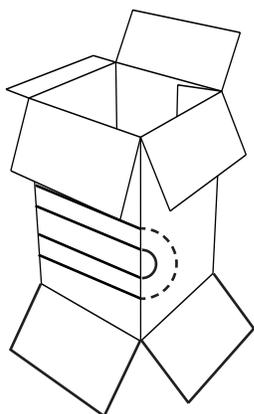
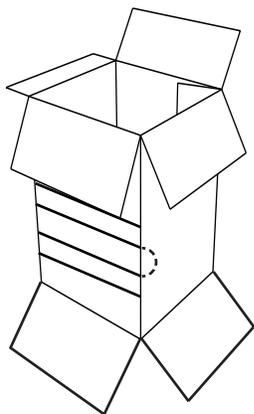
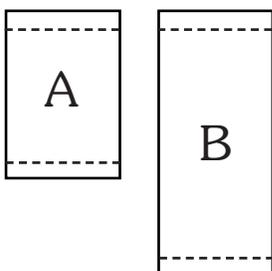
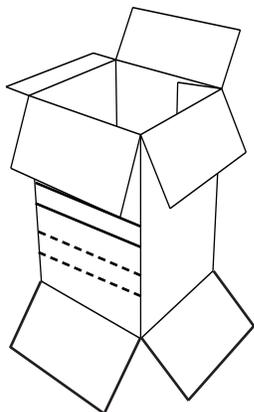
<http://www.classroomdiy.com/2012/06/diy-flip-chute.html>

**Materials:**

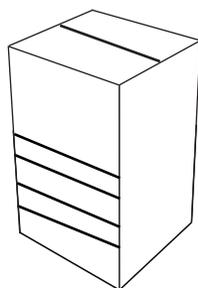
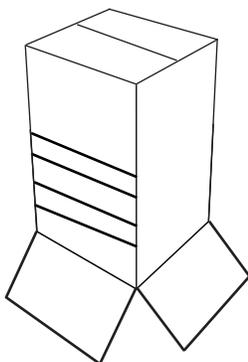
- » Duct tape
- » Masking tape
- » Empty saltine cracker box
- » Razor-tipped craft knife, scissors or sharp knife
- » Sheet of card stock
- » Fine-tipped marker
- » Ruler
- » Small plastic self-closing bag
- » Multicolored aquarium gravel
- » Hot glue gun with glue stick

**Assembly Steps:**

1. Open the top and bottom of the cracker box.
2. Make the Top Opening.
  - Using the ruler, measure 2 inches down from the top of the box.
  - Using the marker, draw a line across the front of the box 2 inches down from the top.
  - From this line measure down 1½ inches and draw another line across the front of the box.



- Use razor-tipped knife, scissors or sharp knife to cut on the lines that you just drew. Cut across the front on both lines and along the sides of the box, removing the rectangular section you created by drawing the lines. This leaves a rectangular hole in the box.
  - Label the top of the rectangular opening **A1**. Label the bottom **A2**.
3. Make Bottom Opening
- Using the ruler, measure  $2\frac{3}{4}$  inches up from the bottom of the box.
  - Using the marker, draw a line across the front of the box. From this line measure up  $1\frac{1}{2}$  inches and draw another line across the front of the box.
  - Use razor-tipped knife, scissors or sharp knife to cut on the lines that you just drew. Cut across the front on both lines and along the sides of the box, removing the rectangular section you created by drawing the lines. This leaves a rectangular hole in the box.
  - Label the top of this rectangular opening **B1**. Label the bottom **B2**.
4. Make the Chute Slide Pieces
- Draw 2 rectangles on the card stock.
  - **Rectangle A:** 4 inches across by 7 inches long
    - Measure and mark  $\frac{1}{2}$  inch down from top and bottom 4-inch edges of the rectangle. Fold towards the center of one side along this line to create flaps.
  - **Rectangle B:** 4 inches across by  $10\frac{1}{2}$  inches long
    - Measure and mark  $\frac{1}{2}$  inch down from top and bottom edges fold on this line towards center.
  - Cut out both rectangles.
5. Assemble the Chute
- Place **Rectangle A** inside the cracker box, bringing the folded ends to the outside of the carton, through the section cut out.
  - The top flap (**A1**) will come through the top opening, and the bottom flap (**A2**) will come through the bottom opening. Attach it with masking tape.
  - Place **Rectangle B** inside the cracker box bringing the folded ends to the outside of the carton, through the sections cut out.
  - The top flap (**B1**) will come through the top opening, and the bottom flap (**B2**) will come through the bottom opening. Attach each end with masking tape.



6. Secure all flaps with duct tape.
7. Secure the top of the box with duct tape.
8. Attach Rocks to Make Climbing Wall
  - Select 25 to 35 rocks from the bag of aquarium gravel.
  - Put the remaining aquarium gravel into the small plastic bag. Tape bag for extra closure. Put the plastic bag in the bottom of the box for weight.
  - Secure the bottom of the box with duct tape.
  - Carefully cover the outside of the box using duct tape.
  - Using the hot glue gun, randomly glue on the outside of the box aquarium gravel to give the impression of a climbing wall.

### Game Cards and Pieces:

1. Print 2 copies of each set of Maddi's Fridge cards (pages 9-22). Be careful not to throw away the Game Pawns on page 9. There are 2 sides to Maddi's Fridge Cards. Print the front and then flip the sheet to print the back of the Folder. Card stock may need to be manually loaded into the printer.
  - These 3 sets make up Maddi's Fridge cards:
    - Ways I Can Help Cards
    - Food Group Cards
    - Activity Cards
2. Cut the Game Pawns squares out of page 9. Place each square in a black binder clip to form game pieces.

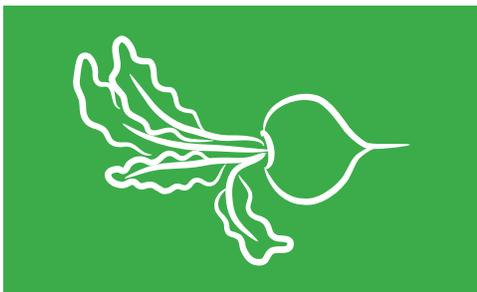
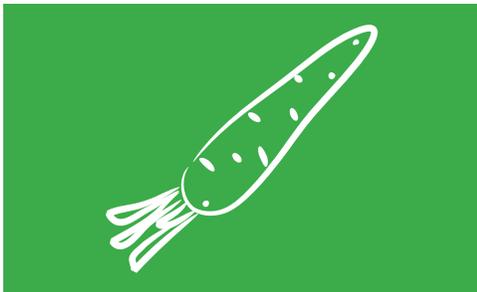
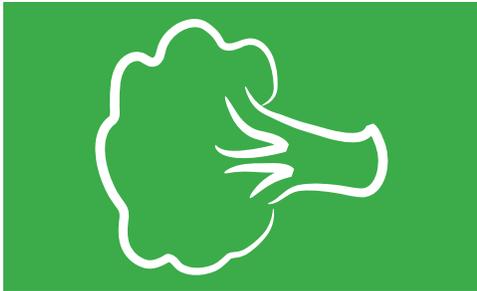
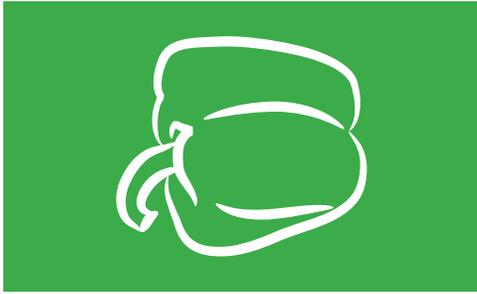
### How to play Maddi's Fridge:

Players move around the board collecting cards and adding them to their fridge and doing physical activities. The objective of the game is to be the first person to fill your Maddi's Fridge Folder with 2 cards from each of the 5 food groups and 2 Way's I Can Help Cards.

1. Assemble all game pieces, board, cards and pawns.
2. Place game board on a flat surface. Place climbing wall beside the game board.
3. Shuffle all three types of Maddi's Fridge Cards together: Food Group Cards, Activity Cards, and Ways I Can Help Cards. Place all cards on Maddi's Fridge space on the game board with cards facing down so that no player can peek at the front of the cards.

4. Give each player a different game pawn. Give each player a Maddi's Fridge Folder.
5. The youngest person goes first. This person draws a Maddi's Fridge Card and puts it face down through the Rock Wall/ Flip Chute.
  - When the Maddi's Fridge Card comes out of the Rock Wall the player moves their pawn to the closest square that corresponds with the front of their card.
  - Follow instructions on the cards for slides, swings, benches, kites and feeding the birds. Two players can be on the same square at one time.
  - The player then puts the Card into their Folder on the appropriate side of the fridge.
6. Discarding
  - If a player already has 2 cards for each food group they will need to discard the extra cards in the discard/empty fridge pile on the board.
  - This is also true if the player has already collected 2 Ways I Can Help Cards.
  - ALL physical activities cards should be discarded.
  - Once fridge card pile is empty, reshuffle empty fridge/discard pile and place those cards on the fridge card pile.
7. Physical Activity Cards
  - When a player draws a physical activity card, they are to perform the physical activity for the other players and then discard the activity card in the empty fridge discard pile.
8. Game is over...
  - When the first person has filled their refrigerator with 2 Food Group Cards for each food group (total of 10 cards) and 2 Ways I Can Help Cards.





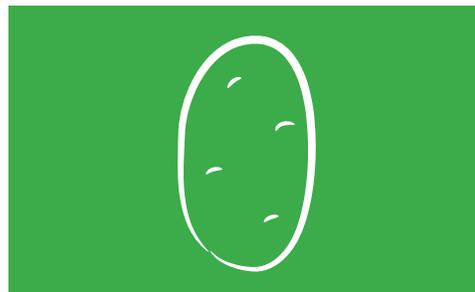
### Game Pawns

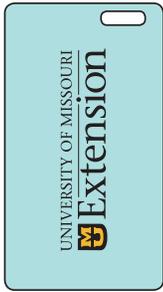
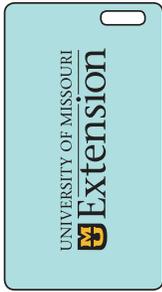
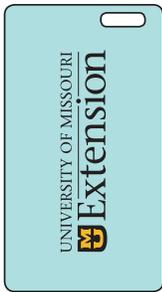
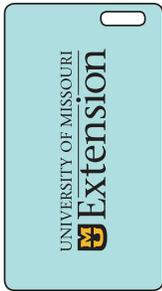
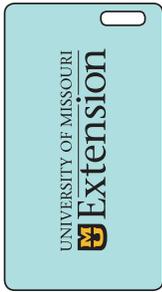
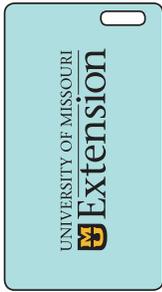
Instructions: Copy cards onto card stock and cut apart on lines. Place each pawn in a binder clip.

<p>MARY</p>  <p>DAIRY</p>	<p>FARRAH</p>  <p>FRUIT</p>
<p>REGGIE</p>  <p>VEGGIE</p>	<p>JANE</p>  <p>GRAIN</p>
<p>DEAN</p>  <p>PROTEIN</p>	

### Game Cards

Instructions: Copy cards onto card stock and cut apart on lines.







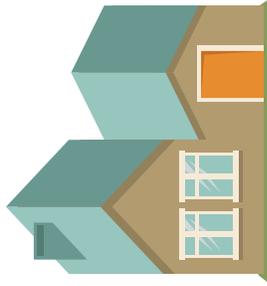
Make posters to encourage people to give food or money to your local food bank and hang up in your neighborhood library.



Make posters to encourage people to give food or money to your local food bank and hang up in your neighborhood businesses.



When you have friends over to play offer them some milk.



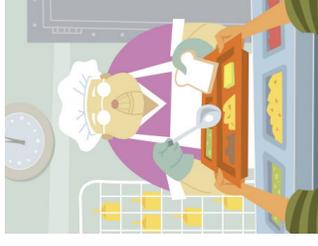
Volunteer with your family or class at a local shelter.



Volunteer with your family or class at a local food bank.



Make posters to encourage people to give food or money to your local food bank and hang up in grocery stores, libraries, school and businesses.



Volunteer with your family or class at a community kitchen.

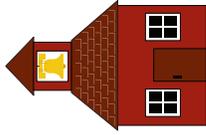


Tell a teacher or trusted adult about a friend that never eats breakfast or doesn't bring food for a snack at school.



When you have friends over to play offer them some fruit and a glass of milk.





Make posters to encourage people to give food or money to your local food bank and hang up in your school.



Make posters to encourage people to give food or money to your local food bank and hang up in your neighborhood grocery store.



Going up stairs in place.



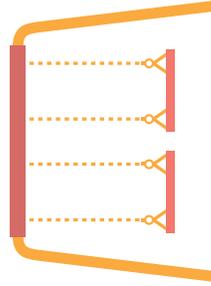
Climbing a rock wall in place.



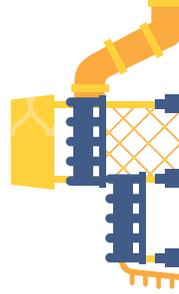
Running in place.



Stop and fly a kite. Loss a turn.



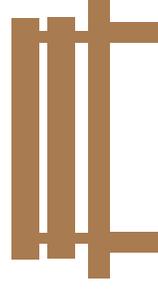
Go to swings. Follow the arrow to jump spaces.



Go to orange slide. Follow the arrow to jump spaces.



Go to red slide. Follow the arrow to jump spaces.

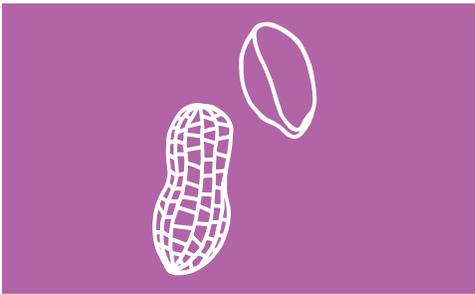
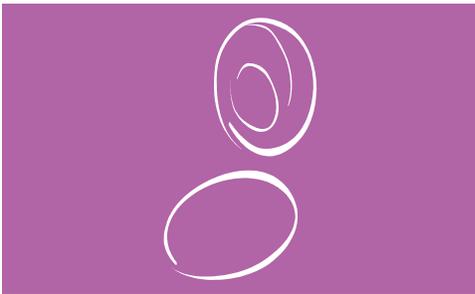
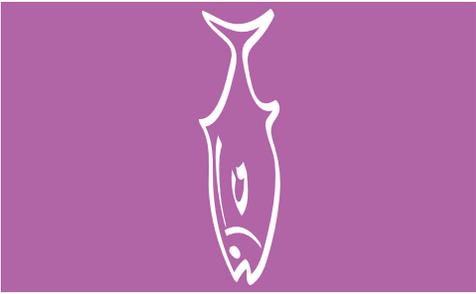
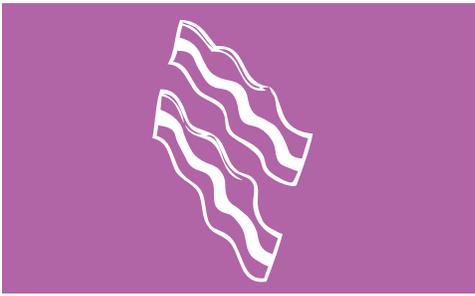
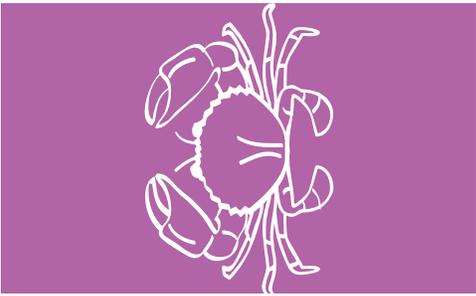


Go sit on the bench. Lose a turn.

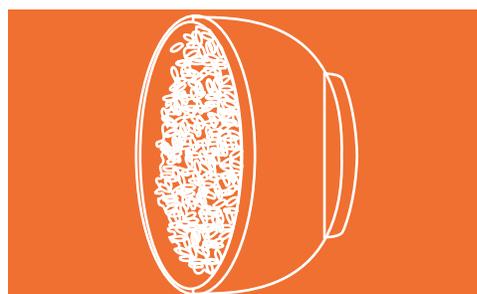
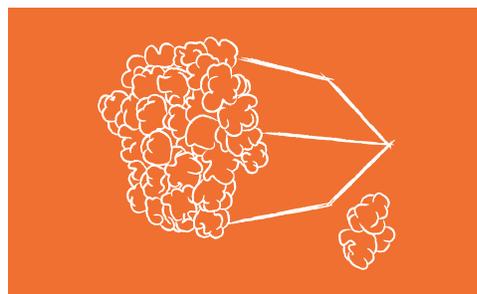
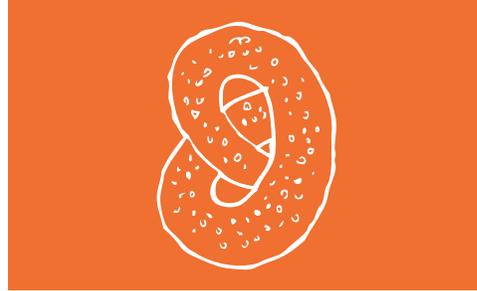
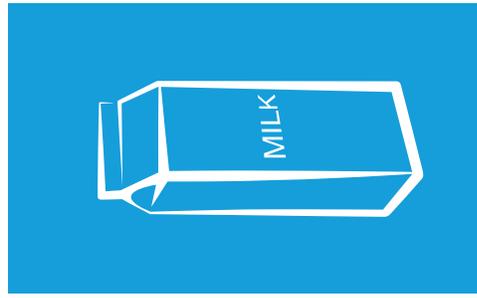
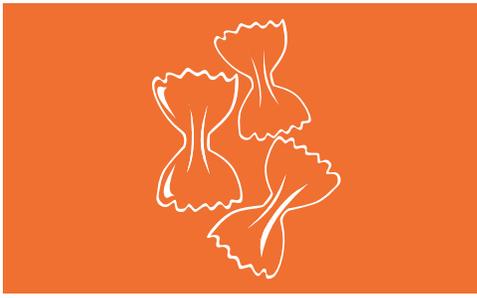




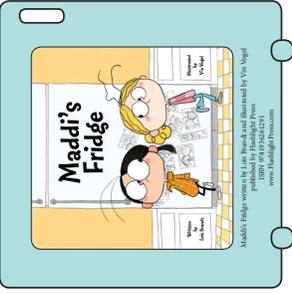
Go feed the ducks.  
Lose a turn.



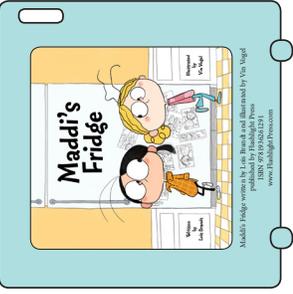




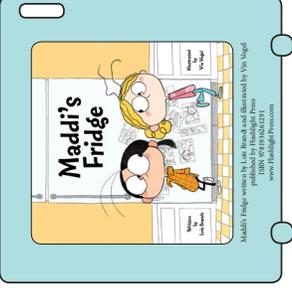
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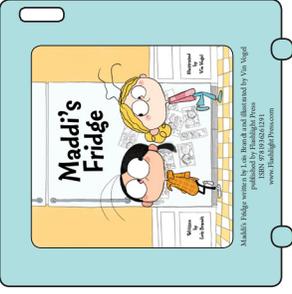
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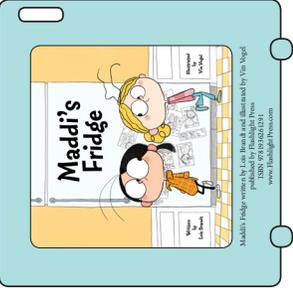
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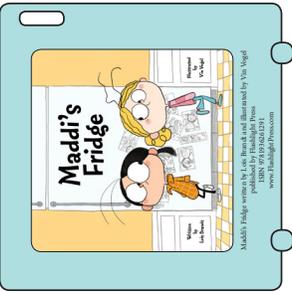
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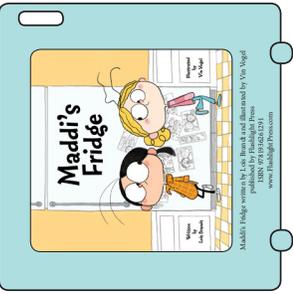
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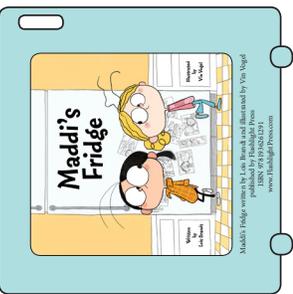
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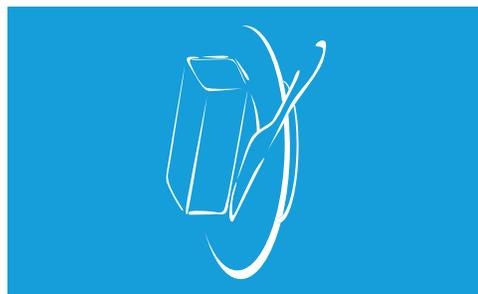
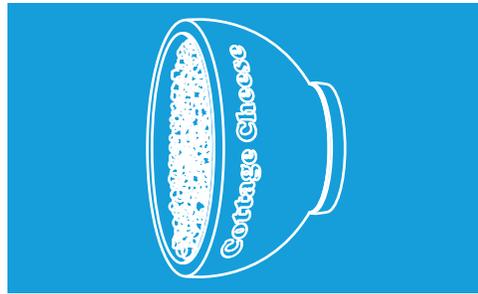
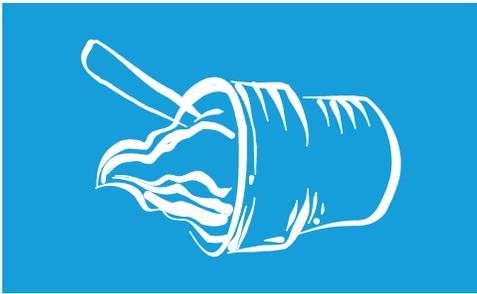
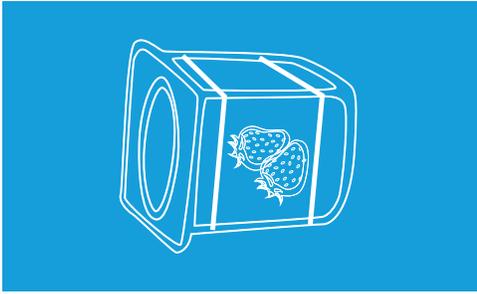
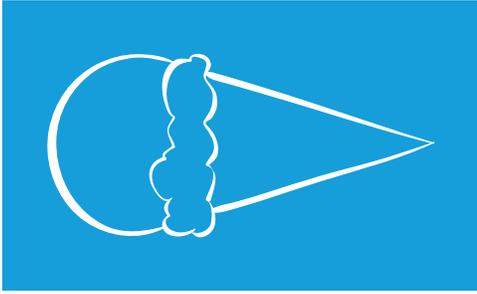


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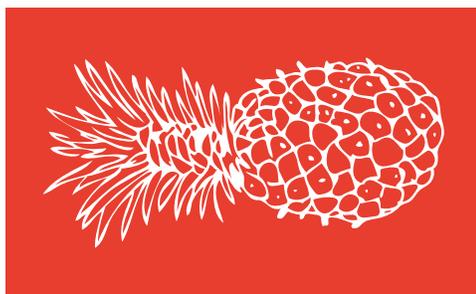
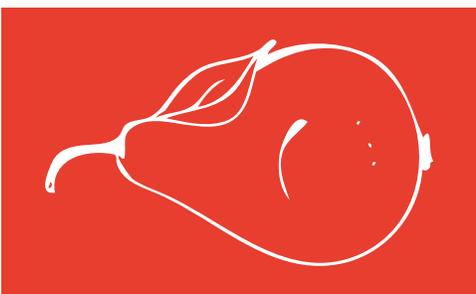
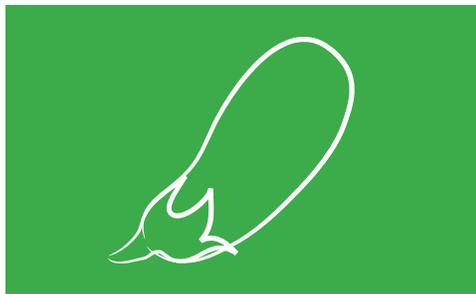
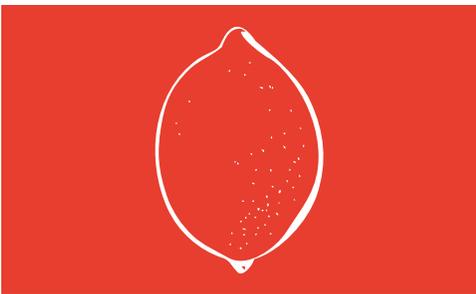
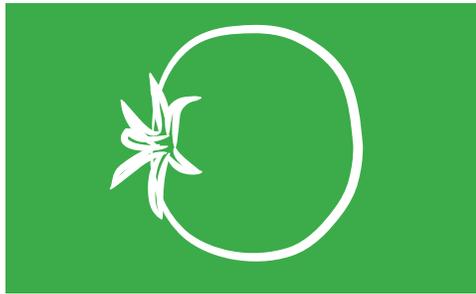
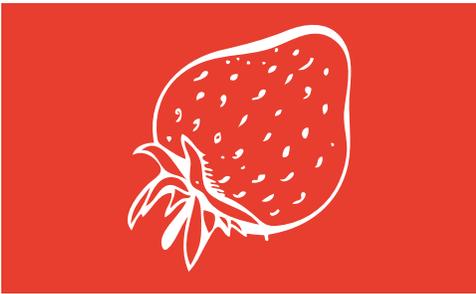
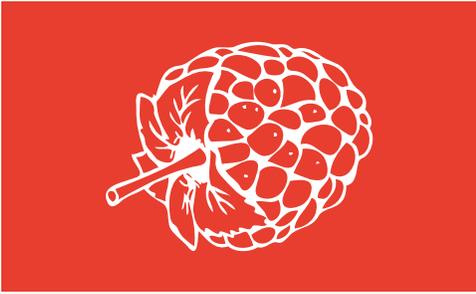


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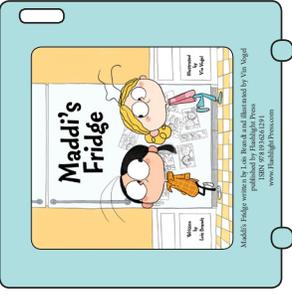




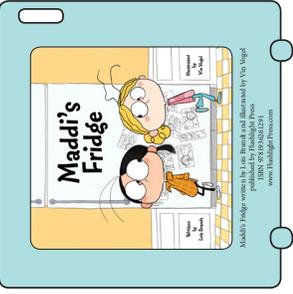




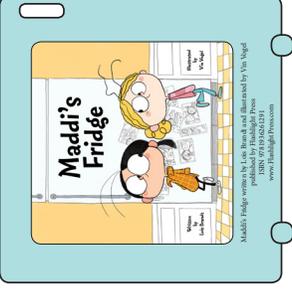
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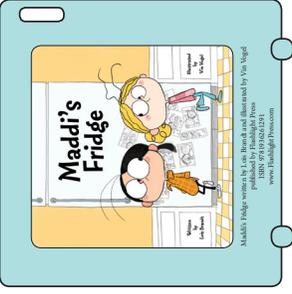
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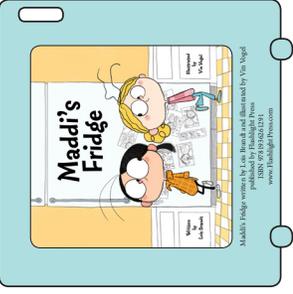
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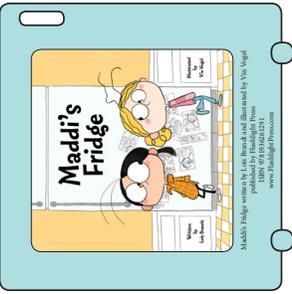
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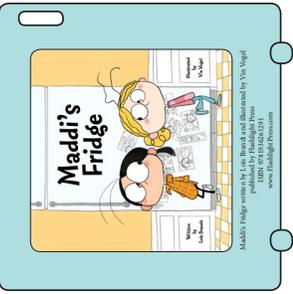
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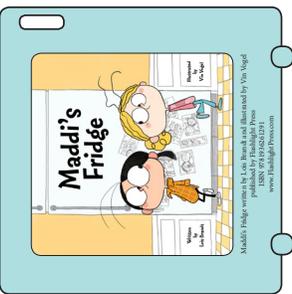
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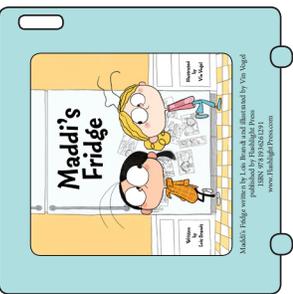
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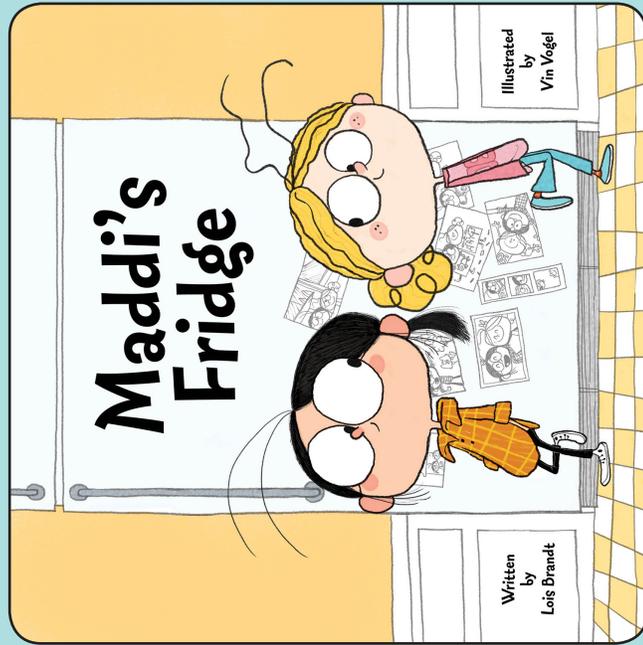
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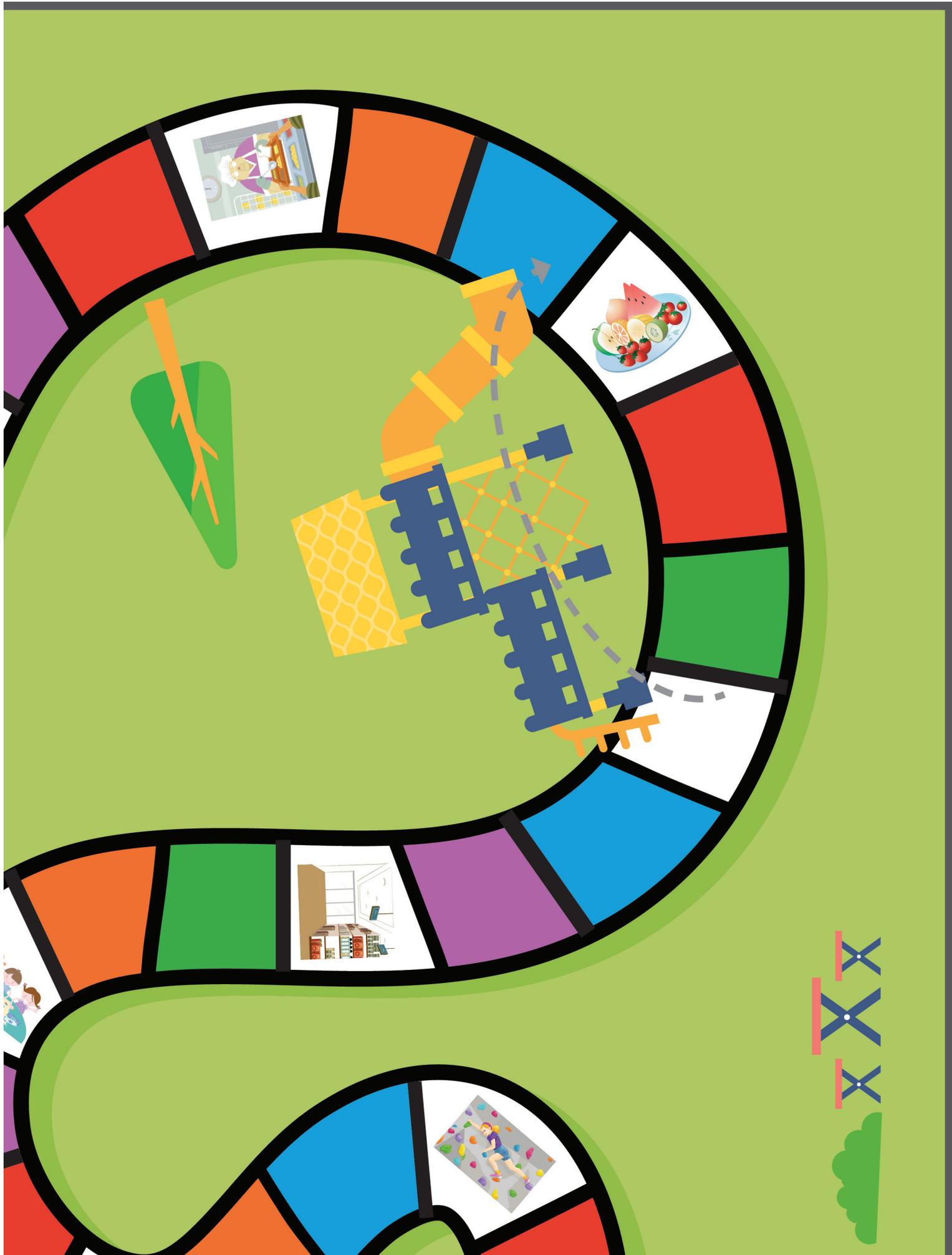


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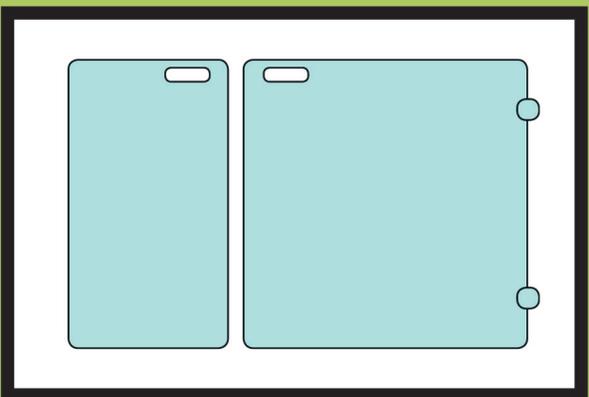
<b>Fruit</b>	<b>Ways I can help</b>
<b>Protein</b>	
<b>Dairy</b>	
<b>Vegetables</b>	
<b>Grain</b>	
<b>Ways I can help</b>	







# HSINTJA





# Maddi's Fridge Game





START

