

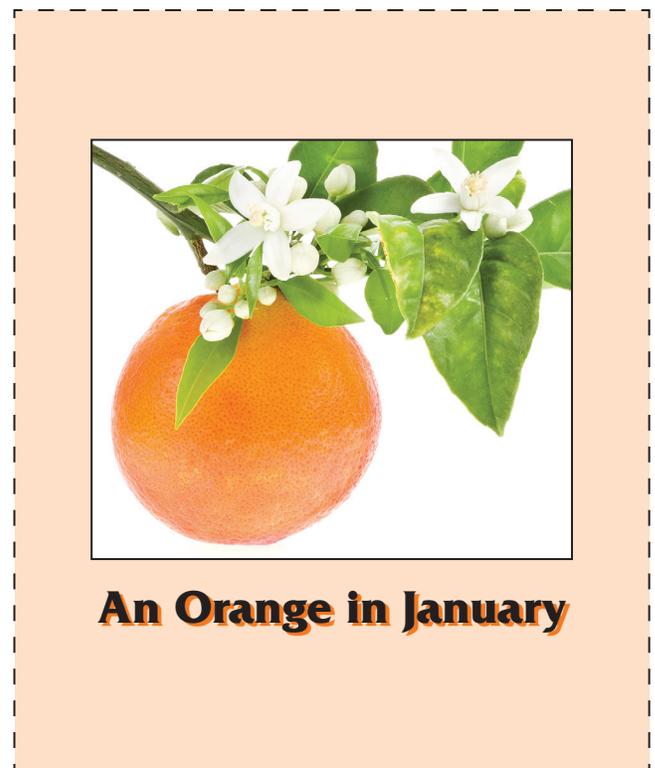
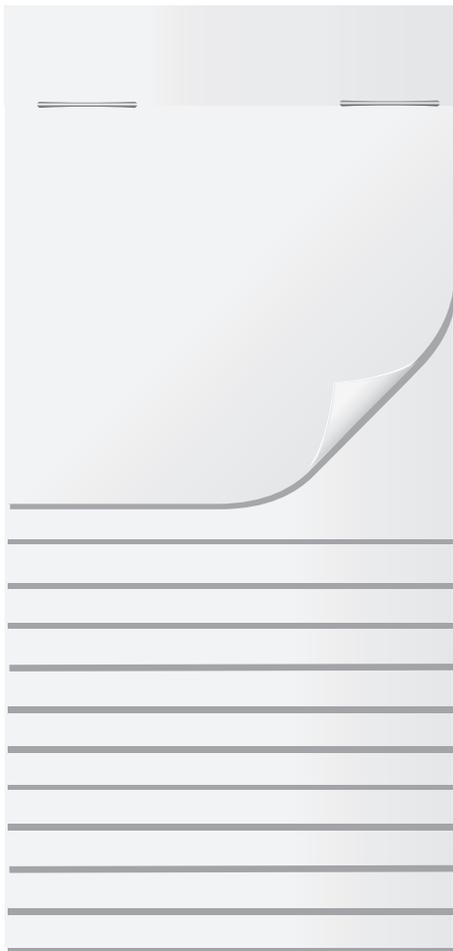


# Fizz Boom Legumes

Summer Library Reading Program

## An Orange in January

Instructions: Cut out each page on dotted lines, align tops of pages and staple together to create a booklet.



**Family Nutrition  
Education Programs**  
Nutrition and life skills for Missouri families

UNIVERSITY OF MISSOURI  
**Extension**  
an equal opportunity/ADA institution



1. Oranges start to blossom in the springtime.



2. Bees pollinate the orange flowers.



3. The petals from the orange flowers fall away, and the orange starts to grow.



4. Oranges grow slowly and steadily with help from the sun, rain and soil.



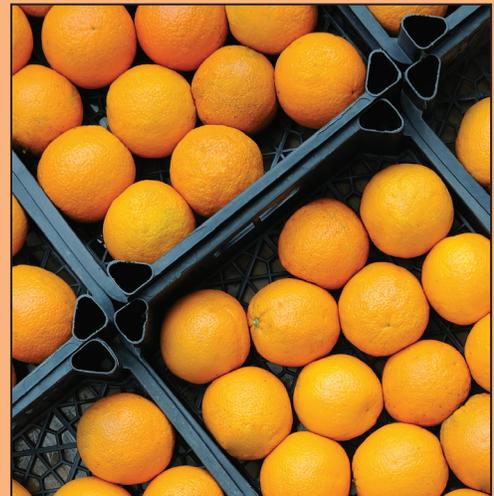
5. Oranges are ready to be harvested in the winter season.



6. They are picked by hand and placed in bags that the pickers (a person who picks fruit or vegetables) carry over their shoulders.



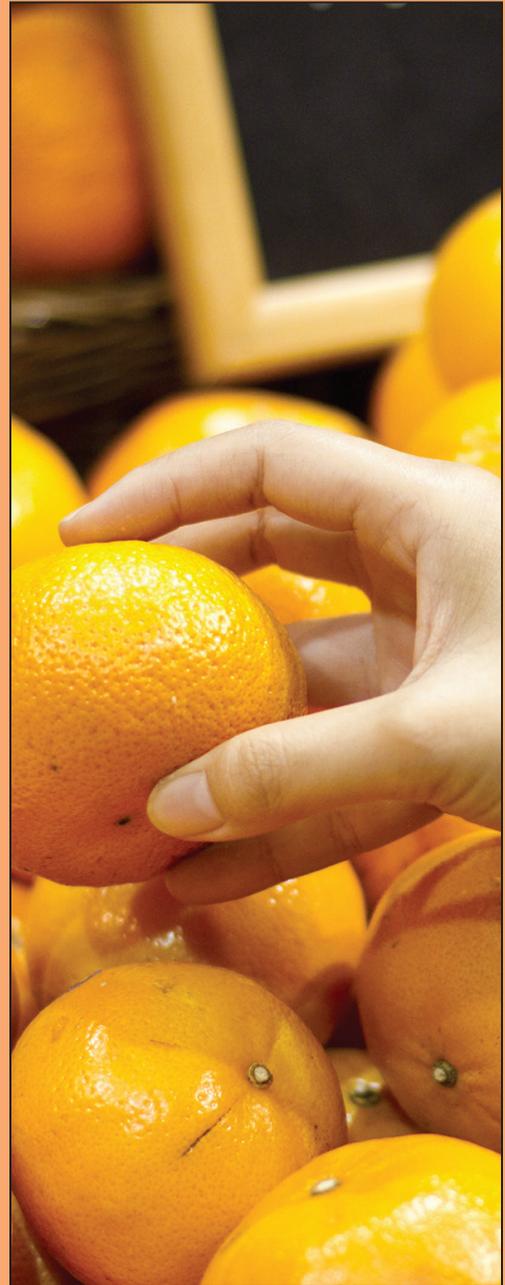
7. The pickers empty the oranges from their bags into baskets then the baskets are loaded onto a truck.



8. The pickup trucks take the oranges to larger trucks, airplanes, trains and ships, where they are transported all over the world.



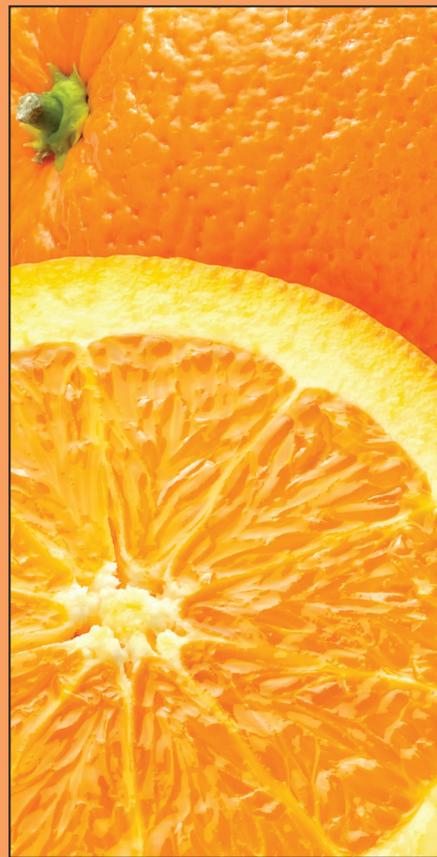
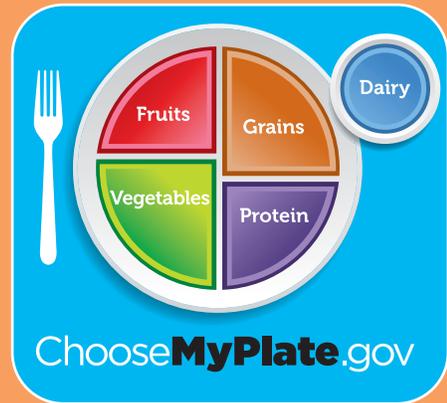
9. The oranges travel over mountains, across deserts, oceans and plains until they reach your grocery store.



10. We buy oranges from the grocery stores and take them home.



11. We like the bright color of the orange and its citrusy taste.



12. The orange is a fruit and belongs to the red section of MyPlate. The orange has vitamin C. Vitamin C helps our cuts and bruises heal faster.