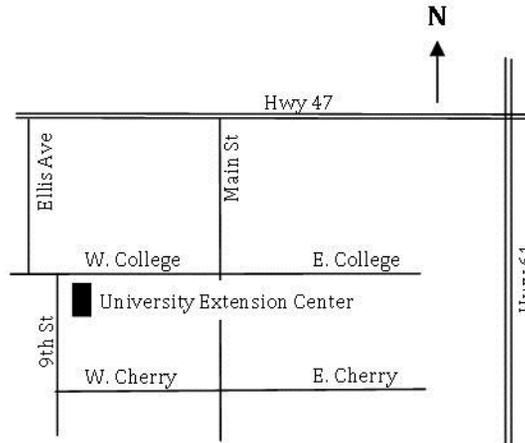


## Parents are forever.

Although parents can divorce each other, their *children are not divorceable*. **Each** parent is responsible for nurturing and creating their children's sense of well-being and security — even through the divorce process.

*Focus on Kids* was designed to help you with that task. It is a court-approved educational program for parents with minor children who are seeking divorce, legal separation, motion to modify, annulment or paternity.



### Lincoln County Extension Center

880 West College

Troy MO 63379

636-528-4613

Mon - Fri, 8 a.m. to Noon, 1 to 5 p.m.

<http://extension.missouri.edu/lincoln>

*Focus on Kids* developed by University of Missouri Department of Human Development and Family Science

UNIVERSITY OF MISSOURI  
 **Extension**  
equal opportunity/ADA institution

Internet image sources: whats-hot.com; hillsboroughcounty.org

## Lincoln County



# FOCUS on Kids



## 2017 Program for Divorcing and Separating Parents

UNIVERSITY OF MISSOURI  
 **Extension**

## The goal of *Focus on Kids*

is for parents to better understand how divorce affects children, and how their actions during and after the divorce can affect the children involved.

During the divorce process, children often feel angry, rejected, guilty and anxious about their future. They will cope better if they feel loved and supported by *both* parents during and after the divorce.

Attending *Focus On Kids*, helps you:

- ◆ Understand the importance of ongoing, supportive and nurturing involvement by both parents.
- ◆ Receive information on children's and adolescents' developmental needs and common reactions to divorce.
- ◆ Learn specific behaviors that help in a co-parenting situation and those that should be avoided.
- ◆ Receive information on community resources.

*"Wish I would've known this information when I first separated. I think I would've been able to help my son adjust easier."*

*- Focus on Kids participant*



### Registration

Payment is **required** at least one week prior to the date you want to attend. At-the-door registration is not accepted.

**Cost:** \$45, non-refundable.

**Call:** 636-528-4613 to register.

Payment arranged when you register with check, money order or cash by mail one week prior to class. Visa, Master Card or Discover accepted by phone.

If you register and are unable to attend the class, you must give 24-hour notice, or you will have to pay the registration fee again

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### Important details

- ◆ Plan to arrive 10 minutes early and **to stay for the entire session**. Sign-in and sign-out is required.
- ◆ You and the other parent need to attend on separate dates.
- ◆ Childcare is not provided so children are not allowed to attend.
- ◆ The court is notified when you complete the class.

## 2017 Schedule

*Dates and times are subject to change.*

**Class time is 5:30 to 8 p.m.**

January 4

February 10

March 10

April 5

As additional dates are scheduled, information will be provided for the following months:

May

June

July

August

September

October

November

December

### Location

University of Missouri Extension  
880 West College  
Troy MO 63379

### Program Facilitator

Dave Hileman  
4-H Youth Specialist  
hilemand@missouri.edu

*"I liked the program. It helped me find ways to say things to my ex-spouse without causing a fight."*

*- Focus on Kids participant*